

1 in 3 women
will experience
**domestic abuse or
sexual violence**
during their lives



If you have experienced rape, sexual assault or controlling, violent or abusive behaviour in a relationship, know that:

- We will believe you
- It is not your fault
- There is no excuse
- There is help and support available

IF YOU WOULD LIKE TO SPEAK TO SOMEONE OR YOU ARE WORRIED ABOUT SOMEONE YOU KNOW, CONTACT:

FOR SAFEGUARDING ADVICE AND REFERRALS, CONTACT:

**SCOTLAND'S DOMESTIC ABUSE
AND FORCED MARRIAGE
HELPLINE**

☎ **0800 027 1234**
sdafmh.org.uk

RAPE CRISIS SCOTLAND

☎ **08088 01 03 02**
rapecrisisscotland.org.uk

**PROVINCIAL
SAFEGUARDING OFFICER**

☎ **0131 225 6357 / 07702 793553**
protection@scotland.anglican.org
scotland.anglican.org



The Scottish Episcopal Church

Scottish Charity Number SC015962